PARISH NEWS Eighteenth Sunday in Ordinary Time

5th August 2018

Old wive's tales

Growing up, did the adults in your life tell you any stories about food?

- Eating carrots helps you see in the dark.
- Crusts will make your hair curly.
- Spinach makes you strong.
- An apple a day keeps the doctor away.

These wise old sayings, passed down through the generations, were employed to encourage us to eat certain foods, mainly healthy fruit and veg. Some even had an element of truth. Nowadays we can establish the accuracy of such claims at the touch of a button, but many parents still find themselves trotting out these nuggets of wisdom. Behind it all is a desire to see children grow up as strong, healthy and happy as possible.

There is a huge focus these days on healthy eating and having a physically healthy lifestyle. Mental health is also being spoken about more and more. Nourishing one's mind and keeping it healthy is just as important as fuelling the body. Both of these are essential long-term projects, the work of a lifetime. When it comes to the life beyond this one, Jesus talks about a different type of food – food that endures to eternal life. It is this bread. Jesus himself, that gives meaning to our work and our struggles here on earth. As Jesus tells us today: 'Do not work for food that cannot last, but work for food that endures to eternal life. 'Let us not forget to nourish our spirit.'

Collections: 29th July Envelopes €472 Baskets €758

> No of Envelopes 61 Direct Debits 5

Our thanks and appreciation to all who subscribe so generously to the Parish

Mass Schedule;

No Mass Monday 5th Aug Mass on Tues 7th August at 8.30am prior to Lourdes Pilgrimage departure from Borris at 9.15am No Mass Wed 8th to Friday 10th August Masses as normal w/end 11th/12th August Ballymurphy Servers Sat 4th Aug Group 2

Borris Parish Website: www.borrisparish.ie Diocesan Website: www.kandle.ie Parish Centre: Opening hours from 9.30 am to 12.30 pm. Monday - Friday Phone 059 9773128; email borrisparish@gmail.com Closed Bank Holidays.

Safeguarding: If you are concerned about the welfare & safety of children or vulnerable adults contact the Diocesan Designated Liaison Person (DLP) - Ms. Joan Treacy Mob: 085-8021633, e-mail dlp@kandle.ie

GRAVEYARD MASSES & PRAYERS

Rathanna August 5th 3pm Ballymurphy August 26th 3pm

Pre-Marriage Course

Accord Carlow run Pre-marriage course's for couples intending to get married in the Catholic Church. It is a requirement of the church that all couples attend a Pre-Marriage course before getting married. There are a small amount of places available on the forthcoming courses: Sept 7th & 8th at St Catherine's Community Service Centre, Carlow Oct 19th & 20th at The Cathedral Parish Centre, Carlow How to Book a place? Book on line www.accord.ie or Contact Mary at Accord Carlow 059 9138738 for further information

Lough Derg 2018: The Three Day Pilgrimage is currently open. You may begin on any day until Monday 13th August. Advance booking is not necessary. The Lough Derg team can help you to co-ordinate public transport or link up with Pilgrimage Organisers in your locality, phone Lorraine on 071 9861518 (from NI +353) email: info@loughderg.org

Housebound/Sick

Fr. Rory will visit those who are sick/housebound on the following dates:
Thursday 2nd August, Ballymurphy/Rathanna
Friday 3rd August, Borris

WORLD MEETING OF FAMILIES - POPE FRANCIS EVENTS

Official Opening Liturgy for the Diocese for WMOF will take place in the Cathedral of the Assumption, Carlow at 7:30 pm on Tuesday, August 21 – a date for the calendar.

Eist Cancer Support

Eist Cancer Support Centre will be closing for Summer Holidays from Friday 27th July and reopening on Monday 13th August 2018.

If you have any queries please phone Eist Centre on 059 91 39684 and leave a voice mail message and we will answer your call on our return on Monday 13th August, alternatively please contact Irish Cancer Society Nurse line freephone 1800 200 700.

THOUGHT FOR THE WEEK

Care of Our Common Home

Some quotes from Pope Francis on the environment

"I wish to address every person living on this planet...We need a conversation which includes everyone since the environmental challenge we are undergoing and its human roots, concern and affects us all" (Laudato Si' 3, 14)

"What kind of world do we want to leave to those who come after us, to children who are now growing up?" (Laudato Si' 160)

"The entire material universe speaks of God's love, his boundless affection for us. Soil, water, mountains: everything is, as it were, a caress of God" (Laudato Si', 84)

"The climate is a common good, belonging to all and meant for all" (Laudato Si', 23)

COMMON HOM

HAVE A WONDERFUL WEEK